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MDTTC: Southern Team Champions!

MDTTC defeats Team JOOLA in Final in Houston, 5-4.

L-R: MDTTC (Wu Chia-Chun, Nathan Hsu, Wang Qing Liang),
Team JOOLA (Zhou Haoyun, Li Kewei, Jim Butler)

Archive of Past MDTTC Newsletters

Welcome to the 52nd issue of the MDTTC News! As usual, there's lots of news to report and new and ongoing programs, and we hope to see you at some of them. As usual a special thanks to MDTTC sponsors [Butterfly](#), [Go Table Tennis](#), and [HW Global Foundation](#). Make sure to read my [daily table tennis blog](#) - I often write about MDTTC happenings there. And if you have a nice picture taken at MDTTC, email it to me and it might make the newsletter!

-Editor and Coach [Larry Hodges](#); Publisher Wen Hsu.

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ITTF NORTH AMERICAN CADET TRAINING CAMP AT MDTTC

A four-day ITTF training camp is taking place at MDTTC, primarily for top cadets, with a limited number of top local juniors invited. (Cadets is 15 and under.) The welcoming reception is taking place on Friday, September 2, from 5:30 – 7:30 PM. The camp is September 2-5, Friday – Monday. During this time there will be limited tables available for Open Play. Training sessions will take place on Friday (3:30-5:30 PM, 7:30- 9:30 PM), Saturday (9-11:30 AM, 2 - 4:30 PM, 6:30 - 8 PM), Sunday ((9-11:30 AM, 2 - 4:30 PM, 6:30 - 8 PM) and Monday (9-11:30 AM, 1:30--3:30 PM).

BUTTER MDTTC SEPTEMBER OPEN: Saturday, Sept. 10 – so sign up now!

Here's the [MDTTC Tournament Page](#), and here's the [entry form](#) for this year's tournaments. Events include Open, U2350, U2000, U1700, U1350, Under 14, and Over 50 (all RR). You can sign up online! (See link on tournament page.) Coach Larry is running the tournament; International Umpire & Certified Referee Paul Kovac is the referee.

MDTTC JUNIOR PROGRAMS

- **Sunday & Thursday Novice & Beginner Junior Classes.** The next sessions start on Sept. 18 (Sundays 4:00-5:30, ten weeks). This is for beginners to advanced beginners, ages 6-14, with Coach Larry (with John Hsu and others assisting). For more info, see the [Junior Group Training Page](#).
- **Tuesday Level 2 Junior Class.** This is for players with USATT level from 600-1250, and is limited to eight players per session. Next session starts on Sept. 20 for ten weeks. Sessions are Tuesdays from 6-7PM with Coach John Hsu. For more info see the [Junior Group Training Page](#).
- **Afterschool Program.** The [MDTTC Afterschool program](#) starts up again this Fall, and continues throughout the school year. The program combines table tennis activities and homework help, with courtesy pickups at schools or houses. MDTTC coaches and staff will pick up students after school (from selected areas)

MDTTC ADULT PROGRAMS

- **[Tuesday and/or Friday Lunch Group Training \(1:00-2:00 pm\)](#)** for all levels. Improve your table tennis skills while getting great physical and mental exercises. Every player will get one-on-one playing time with Coach Jeffrey Zeng (2550+ rating).
- **[Sunday Adult Training](#)** from 6:30-8:00PM. No pre-registration is required, but if you have any questions, [email](#) Coach Larry. *Be prepared to improve!!*

FALL COCONUT CUP OPEN

The annual team tournament will be held on October 1 (Division B, rating between 1501 and 2000) and October 15 (Division A/Over 2001 & C/Under 1500) at MDTTC. All teams will be divided into these divisions according to the average rating of the best three players on the team. Please contact Wencai Zheng [443-690-9752](#) or Longlai Wang [301-767-6311](#) or Tingmei Zhou [646-275-0565](#) if you have any questions, or see entry forms at MDTTC.

MDTTC WINS TEAMS SOUTH

MDTTC won the Teams South tournament, held July 30-31 in Houston. In the final, MDTTC (Wu Chia-Chun, Nathan Hsu, Wang Qing Liang) won 5-4 over Team JOOLA (Jim Butler, 2555 and 4-time U.S. Men's Singles Champion; Li Kewei, 2668; and Zhou Haoyun, 2509.) Here are the actual results:

1. Jim Butler (CJ) d. Wang Qing Liang (MDTTC), 8,-11,7,7.
2. Li Kewei (CJ) d. Nathan Hsu (MDTTC), 6,5,6.
3. Wu Chia-Chun (MDTTC) d. Zhou Haoyun (CJ), 4,-7,-7,9,6.

4. Wang Qing Liang (MDTTC) d. Li Kewei (CJ), 7,-4,8,6.
5. Wu Chia-Chun (MDTTC) d. Jim Butler, 11,3,7.
6. Nathan Hsu (MDTTC) d. Zhou Haoyun (CJ), 8,-9,10,6.
7. Li Kewei (CJ) d. Wu Chia-Chun (MDTTC), -7,7,4,6.
8. Zhou Haoyun (CJ) d. Wang Qing Liang (MDTTC), 5,4,3.
9. Nathan Hsu (MDTTC) d. Jim Butler (CJ), 9,8,-6,5.

MDTTC LEAGUES

- **[Tuesday and Friday Night Leagues](#)**. All ages and levels. Please arrive prior to 7:25 pm to sign up. If you know you'll be a few minutes late, please call the club at [301-519-8580](tel:301-519-8580) BEFORE 7:20 pm, otherwise YOU WILL BE TURNED AWAY
- **[Wednesday Night Adult Recreational League](#)**. Please arrive prior to 7:25 pm to sign up. No wait time. All matches finish at 9:00 PM.
- **[Sunday Elite League](#)**. This is primarily for players over 2000. Matches begin on Sundays at 12:30 PM.

CAPITAL AREA LEAGUE

The final deadline September 15 for the Fall [Capital Area Team League](#) is approaching. Last season there were 24 teams and 127 players. If you don't have a team, contact the organizers and they can help you find a team.

MDTTC PRIVATE COACHING

Private Coaching, by Coaches Cheng Yinghua, Jack Huang, Larry Hodges, Zeng Xun ("Jeffrey"), Wang Qing Liang ("Leon"), Chen Bo Wen ("Bowen"), John Hsu. Additional professional practice partners are available.. See [Private Coaching page](#).

Birthday Parties & Rental Space for Corporate and Private Events

MDTTC offers birthday parties ran by our popular Coach Larry. We also regularly host community events and team-building activities for local businesses. Space rental for special corporate and private events are available. Here is [Facility Rental Information](#), and here is info on [Birthday Party Packages](#).

MDTTC WEB AND FACEBOOK PAGES

Don't forget to see the regularly updated [MDTTC Facebook page](#), and make sure to "like" it! Stop by and see all the photos, read the latest news, or post your own comments. Also see the [MDTTC web page](#) for regularly updated info.

TIP OF THE MONTH: Contact Point on the Forehand

By Larry Hodges

Many players lose power on their forehand because they contact the ball too much in front of the body. This means they aren't really rotating into the ball with maximum efficiency – instead, as they are about to contact the ball, they are using mostly arm, which is moving forward while the body lags behind.

Instead, try contacting the ball more to the side of the body, by your right leg (for righties). Imagine there's a rod going through the top of your head, and circle the rod, as Ma Long does in this [48-sec video](#). By doing this you'll naturally rotate into the shot, getting maximum power and efficiency. This is true for both looping and regular drives.

Note that the goal here isn't just to get lots of power; it also leads to better control since you'll be getting the same amount of power (speed and spin) but with less effort. The more effort you have to put into a shot, the less control, so develop efficient shots where you minimize effort while maximizing power.

Here are the forehand contact points for these players – or choose your favorite player and Google that player's name along with forehand loop pictures.

- [Ma Long](#)
- [Xu Xin](#)
- [Fan Zhendong](#)
- [Zhang Jike](#)
- [Dimitrij Ovtcharov](#)
- [Timo Boll](#)
- [Joo Saehyuk](#)
- [Liu Shiwen](#)
- [Ding Ning](#)
- [Zhu Yuling](#)